

## RMU

### Editorial

First, we would like to explicitly specify the parameters that shall be observed by *Revista Médica del Uruguay*.

The contents will have an emphasis on clinical aspects with the purpose of contributing useful information for physicians who presently practice medicine in our country. Moreover, we aim to contribute to clinical behaviours by disseminating information that will enrich and systematize the field where diagnostic reasoning takes place, and also by keeping the chapter of paraclyncal and therapeutic resources updated.

RMU will also include studies that enhance other aspects of medical practice: directing prevention, promoting health and rehabilitation.

Strictly oriented scientific research will be inextricably linked to the topic of each one of the articles, and in some cases, it will constitute a noteworthy element. Scientific research, when applied to the most essential and everyday medical matters, collecting experimental data from our specific reality, will result in conclusions that may be reversed in the ordinary clinical practice. In actual fact, due to the prospective nature of most of these research studies, the authors having been requested to carry out and having these been given enough time, the aim is to encourage and redirect scientific research in medicine. The authors' expertise in their specialties ensures the quality of their studies.

All sectors of the National Medical Body will take part in RMU and the provinces will in no way be ignored. RMU will have the following permanent sections: summaries of important medical articles; drug and medical biology updates; interesting casuistics; therapeutic guidelines; and the history of medicine in Uruguay.

Secondly, we need to underline the non-arbitrary and reflexive nature of all that has been said. Medical practice may and must undergo scientific analysis as to its nature and purpose for any given moment and place. Why isn't this being done now in Uruguay? The same as with any other discipline, the practice of medicine implies the use of tools applied to the object with the intention of obtaining a product, all of which are unique and of the highest human importance, which in turn increases the relevance of self-consciousness to avoid groping for solutions. This self-consciousness, reflection or theory of medicine is not an abstract doctrine set once and forever, but rather an ever lasting activity in the field of theory or scientific reasoning, a "theoretical practice" which matches the medical practice in constant progress. It needs to be part of today's medicine.